



Waxahachie YMCA

Adult Basketball Rules

NCAA Rules will govern play with the following variations:

Playing Time

Each game will consist of two 20-minute periods, with a three-minute half-time break. Clock will run continuously except for timeouts, injuries, or when official feels a particular situation warrants stopping the clock. The clock will stop the last 2 minutes of the second half if the two teams are within 10 points of one another.

Substitutions, Scoring & Timeouts

Each team MUST provide one scorekeeper for EACH game. Scorekeepers will keep score for the opposing team. If team "A" cannot come up with a scorekeeper, team "B" will have an option to win by forfeit or supply both scorekeepers (in which case team "A" ***cannot dispute the score for any reason***)

Substitutions must be made through the scorekeeper during a dead ball.

If a game is tied at the end of regulation the game remains tied. During the playoffs, a tie at the end of the game will bring 2-minute overtime until there is a winner.

Each team will be allowed 3 one-minute time outs per game. These time outs can be used at any time during the game. Regulation timeouts ***CANNOT*** be carried over into overtime (in the playoffs).

Any player may attempt the free throw awarded because of a technical foul. Technical fouls count as personal fouls. Two technical fouls disqualify a player for the remainder of the game and the following game. The player will not be allowed to play until he/she meets with the Sports Director. Any game played with a player who has previously been ejected and NOT met with the Sports Director will be a forfeit.

Any team with three technical fouls in a game will forfeit the game.

Absolutely NO swearing, fighting, or unsportsmanlike conduct is permitted.

The bonus situation (1 & 1) goes into effect on the 7th team foul. Two shots will be awarded on the 10th foul.

Rosters

A final team roster must be submitted by the start of the first game. A maximum of twelve players are allowed to be on a team's roster. A player may only play on one team.

Each team must have the same color jerseys (shirts) with each player having a different number. The numbers must be permanently attached/written to the jersey either on the front or back. No player will be allowed to participate if they do not have a permanent number on their jersey. If a player is number 0 they must have a 0 on their jersey.

Prior to the beginning of the game the score sheet ***MUST*** be filled out completely with each player's name and number. If a player is not in the book once the game has begun he will not be allowed to participate in the game.

Miscellaneous

The referee has the FINAL say on all calls and should NOT be challenged. No protests of judgment calls will be heard; official's judgment will be final.

No jewelry shall be worn during a game. If a player is caught wearing jewelry during a game their team will be charged with a timeout.

Waxahachie Family YMCA | 100 YMCA Dr. | 972-937-9622 | www.waxahachieymca.org

The mission of the YMCA of Metropolitan Dallas is to put Christian values into practice through programs that build healthy spirit, mind and body for all.